

## For Real or For Show

Series: *Jesus Uncut – Sermon on the Mount*  
– Matthew 6:1-4, 16-18 –

### 1. The Motivation

*“Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven.”*  
– Matthew 6:1

### 2. The Application

*Spiritual disciplines as ‘Rhythms of Grace’*

#### Application Questions. . .

1. What part of the text or message had the greatest impact on you? Where were you most encouraged, intrigued, or challenged?
2. Contrast Matt. 6:3-4 with 5:16. What might be the reason for these differing instructions about letting others see our good works?
3. How easy is it to slip into the habit of doing things to impress others instead of doing them for God? *Why* do we want to impress others?
4. What masks are you most tempted to utilize: The ‘successful’ mask? The ‘confident’ mask? The ‘you can’t hurt me’ mask? The ‘composed’ mask? The ‘I know I look like I don’t care what you think of me, but I desperately want you to like me’ mask? Other?
5. How are the disciplines of giving, prayer and fasting related to *‘Living for an audience of One’*?
6. What do they indicate about what we treasure?
7. Fasting is such a large part of spiritual life in the Bible. Why do you think it is so neglected and ignored among Christians today?
8. What was your biggest “take away” personally, from this week’s study?

