

Rest Assured

Series: *The Original Top Ten*
– Exodus 20:8-11–

1. Requirements

KEY WORD: _____

2. Reasons

KEY WORD: _____

3. Relevance

KEY WORD: _____

Application Questions. . .

1. What especially spoke to you?
2. What is the relationship between the spiritual and practical benefits of observing the Sabbath? What is the relationship between these benefits and how God created us?
3. Does the fact that the Sabbath was made for man, not man for the Sabbath (Mk, 2:27) mean that we can ignore all of the OT directions about keeping the Sabbath holy? Why or why not?
4. We once had “blue laws” to encourage Sabbath keeping even by atheists. Was this a good thing? Should such laws be restored? Why or why not?
5. What does the Sabbath mean to you in your life? Do you think your actions constitute obedience to this commandment? If not, what do you plan to adjust?
6. How would you explain the “promised rest” to someone who is not a Christian (Heb. 4)?

